



NEWS LETTER



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Strengthening Women. Strengthening Our Community.

There are moments in life that change everything. For many women, that moment begins with an unplanned pregnancy. Questions surface quickly, and support can feel hard to find.

Women's Life Center is here to fill that gap in our community. We provide pregnancy services, advocacy, and practical resources so women do not have to navigate difficult decisions alone. Our work is rooted in compassion and a commitment to breaking negative life cycles for women and families in southeastern North Carolina.

We provide free, confidential pregnancy tests and pregnancy options education. Parenting education classes and one-on-one mentorship are available by application. We offer life skills education to help women build confidence and stability.

We provide human trafficking client advocacy for women seeking safety and support. Our team offers trauma-informed care, client case management, and therapeutic counseling. We also offer post-abortion support in a private and compassionate setting.

Women who are reentering the community after incarceration can receive mentorship and advocacy. We provide community referrals to help them reconnect with local support systems. Our team connects women to trusted resources for housing and recovery services. We also help women access food assistance and medical care.

Material assistance is available by appointment and request. Community referrals are provided to help meet practical needs during difficult seasons.

All services are free of charge and confidential.

Learn more and find trusted resources:
womenslifecenter.org



Volunteer Feature Story

We're honored to introduce one of our dedicated volunteers, Liz Weinhold, whose heart for service and wealth of professional experience are already making a meaningful difference at Women's Life Center.

Liz and her husband relocated to Ocean Isle Beach from Raleigh six years ago, embracing coastal life and a new chapter together. In 2025, Liz retired from her career as a licensed Mental Health Counselor and Trauma Specialist. After taking some well-deserved time to rest and reflect, she began asking an important question: How can I continue to serve?

When she learned about the Women's Life Center, Liz immediately felt a connection. Years ago, she volunteered with a Pregnancy Life Center and gained firsthand insight into the emotional, practical, and spiritual challenges women often face during an unexpected pregnancy. That experience, combined with her decades of counseling and trauma expertise, made the Women's Life Center a natural fit.

"I knew I wanted to find some way to be of service in the community," Liz shares. "I want to put my experiences and skills to use to help women who find themselves in this situation. I look forward to providing supportive counseling to those in need."

Liz brings not only professional excellence but also deep compassion and steady presence—qualities that are invaluable to the women we serve. Her background allows her to meet clients with understanding, empathy, and practical guidance during some of the most vulnerable moments of their lives.

Beyond her volunteer work, Liz enjoys staying active outdoors, participating in her church, and engaging in community life. She treasures the fact that her daughters and grandchildren live here in North Carolina, allowing her to remain closely involved in their lives. She also volunteers at Cattails, a local cat adoption agency she affectionately calls her "happy place."

Liz's story is a beautiful reminder that retirement can be the beginning of a powerful new season of impact. We are grateful for her servant heart, her wisdom, and her commitment to walking alongside women with compassion and hope.

Please join us in thanking Liz for the light she brings to the Women's Life Center and to our entire community.

Would you like to volunteer?

Inquire here <https://womenslifecenter.org/volunteer/>
or via email: info@womenslifecenter.org



Client Story

A Second Chance: Samantha's Story of Redemption and Hope

Samantha's early years were marked by deep pain. Raised in a broken home, she endured abuse, trauma, and eventually addiction. As a survivor of trafficking, her life spiraled into cycles of incarceration, overdoses, and devastating health crises — including multiple strokes that nearly cost her life.

Looking back, Samantha says she was given a second chance.

Determined not to let her past define her future, she entered and graduated from the Christian Recovery Center. There, she began the hard work of healing — physically, emotionally, and spiritually. She restored broken relationships with her family and, most importantly, rebuilt her relationship with God.

Step by step, Samantha began rebuilding her life.

She earned her driver's license. She secured stable employment. She purchased two vehicles for her family. What once felt impossible was becoming reality.

Then came another unexpected blessing — love. Samantha married an amazing man who supported her journey of faith and recovery. Together, they welcomed a beautiful baby boy into the world.

During her pregnancy and continued healing journey, the Women's Life Center walked alongside Samantha. Through financial assistance, encouragement, and practical support, the Center helped ease the burdens she faced as a new mother. She found not only resources, but compassion and community.

Today, Samantha and her husband have moved into a larger home and are thriving as parents. Even more inspiring, they now serve as leaders in their local Celebrate Recovery program, helping others break free from addiction and trauma just as they once did.

Samantha's story is one of redemption — a powerful reminder that no past is too broken and no life too far gone for hope. With faith, support, and a community that believes in second chances, healing is possible.

The Women's Life Center is honored to have been part of Samantha's journey — from survival to stability, from brokenness to leadership, from despair to new life.



Coalition & Community Update

Prevention work continues across southeastern North Carolina, and we are grateful for the leaders and partners who continue to show up.

Southeastern NC Human Trafficking Coalition Meeting

The coalition meets on the first Wednesday of every month at Brunswick Community College, Building B. at 4:00 PM.

Our next meeting will be March 4, where educators, law enforcement, service providers, and community leaders gathered to strengthen collaboration and prevention efforts across our region.

These meetings are open to those who care about prevention, protection, and coordinated response in southeastern North Carolina.

UNCW Health & Human Services Training

On March 26 at 2:00 PM, Allysa McKenzie will lead a training at UNCW Health & Human Services, continuing important education around trafficking awareness and prevention.

Ongoing training strengthens our ability to respond with clarity and care. When communities stay informed, prevention becomes stronger and more effective.

Join A Meeting

Meets on the first Wednesday of each month at BCC, Building B., 4 pm, for more information, please contact Allysa McKenzie at allysa@statusa.org (Contact for virtual attendance option)



Community Proclamations

We are grateful to the towns of Ocean Isle Beach and Surf City for signing proclamations in support of Stand Against Trafficking.

Public leadership matters. When municipalities take a stand, it reinforces a shared commitment to protecting vulnerable individuals and strengthening awareness throughout our coastal communities.

Prevention is not a one-time effort. It is ongoing collaboration, continued education, and community leadership working together.

To stay connected to coalition updates and future opportunities, visit: womenslifecenter.org

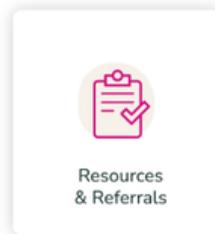
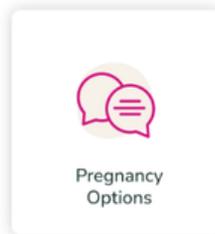
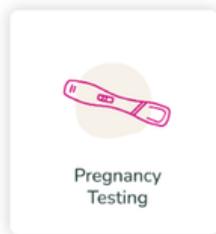


Help, Compassion, & Hope

Women’s Life Center serves as a bridge for the needs of women and families making difficult pregnancy decisions and individuals exploited by human trafficking by offering pregnancy services and community resources.



Our Services



Your financial support helps provide free pregnancy services, client advocacy, material assistance, and prevention education across southeastern North Carolina.

Give securely at:
womenslifecenter.org/donate

