

NEWS LETTER

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Compassionate Support for Women in Brunswick County, North Carolina

As women in our community face seasons of uncertainty, transition, and difficult decisions, Women's Life Center remains committed to being a safe and steady place of support.

Every day, women walk through our doors carrying many different stories. Some are navigating unexpected pregnancy questions. Some are rebuilding after incarceration. Some are healing from trauma, exploitation, or past experiences that still feel heavy. Many simply need a calm place to talk and feel heard.

At Women's Life Center, support begins with listening. We provide free, confidential services rooted in dignity, compassion, and respect. Through pregnancy options education, life skills and parenting support, human trafficking client advocacy, mentorship, and trusted community referrals, women are met with care at their own pace.

This work is possible because of people like you. Volunteers who show up with compassion help create a welcoming, peaceful environment. Donors who give generously help ensure that support remains available when women need it most. Together, we are strengthening care for women and families right here in Brunswick County and surrounding communities.

If you feel led to get involved, there are many ways to do so. Volunteering your time, making a one-time gift, or becoming a monthly partner all help sustain this mission and extend support to women during some of life's most difficult moments.



Volunteer Feature Story

At the Women's Life Center, compassion and hope guide everything we do—and Angela Dooley, our Director of Client Services and Case Management, lives out that mission every day. Angela is a servant-hearted leader whose work is deeply rooted in her faith in Jesus Christ. With a passion for helping others heal and rebuild their lives, she has dedicated her career to supporting youth, women, and survivors of trauma with empathy, dignity, and grace. Before joining the Women's Life Center, Angela spent several years serving vulnerable communities through youth services and survivor support programs. She previously directed a School-Based Youth Services Program with Inspira Health Network in New Jersey, where she helped guide students through crisis, mentorship, and personal growth. She later worked with First Fruit Ministries, providing housing support and case management for survivors of human trafficking, helping them access essential services and rebuild stability in their lives. Today, Angela brings that experience and compassionate leadership to her role with the Women's Life Center and StATUSA, where she oversees client services and case management for trafficked and pregnant clients. She works closely with women and their families to help them create safe, healthy environments for their children while connecting them with vital community resources such as WIC, food assistance, parenting programs, and counseling services. Angela also leads the client services team and coordinates with Women's Life Center coaches who walk alongside each client on their journey toward stability and independence.

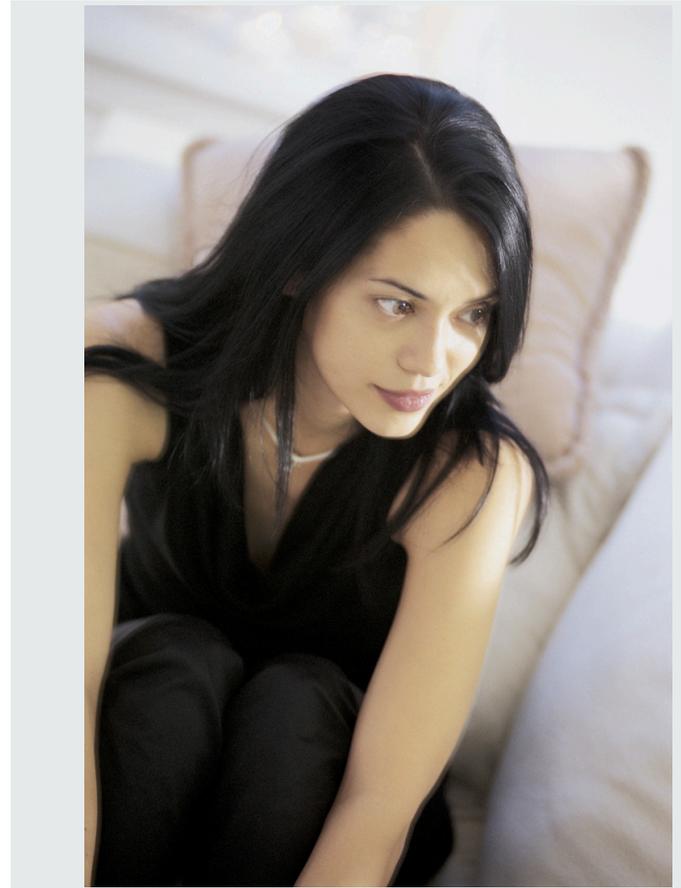
Would you like to volunteer?

Inquire here <https://womenslifecenter.org/volunteer/>
or via email: info@womenslifecenter.org



Client Story

When Sarah* walked through the doors of the Women's Life Center, she was carrying far more than the weight of single motherhood. After her husband fell into addiction, Sarah made the courageous decision to step away from an unhealthy and unstable environment. Suddenly, she found herself raising their baby alone — navigating sleepless nights, emotional exhaustion, and the overwhelming responsibility of providing for her child while grieving the life she once envisioned. "I was struggling emotionally," she shares. "I felt like I had lost my voice somewhere along the way." As a realtor, Sarah also faced professional uncertainty. Building a steady client base while caring for a newborn felt nearly impossible. Financial pressure mounted, and stress often followed her from work to home. That's when the Women's Life Center became more than a resource — it became a lifeline. "The Women's Life Center has impacted my life in more ways than I can count," Sarah says. "One of the greatest gifts has been helping me develop healthy boundaries in my relationships." Through mentoring and consistent



encouragement, the Women's Life Center walked alongside her during some of her hardest seasons. They didn't just offer advice — they showed up. "Their encouragement and steady support helped me rediscover and strengthen a voice I once thought I had lost." Over time, Sarah began to grow in confidence and clarity. She learned how to identify unhealthy relationship patterns and replace them with firm, loving boundaries. She began pursuing healthier connections with friends and family members. Most importantly, she started becoming more self-aware — recognizing emotional triggers and understanding the feelings behind impulsive decisions. That growth extended into her finances as well. Through budgeting guidance and personal reflection, Sarah reduced unnecessary spending and began examining the emotions behind impulsive purchases. What once felt like chaos slowly became intentional stewardship. Professionally, her confidence blossomed. As she strengthened her client base and refined her goals, Sarah began pursuing the creation of her own real estate business — something that once felt far out of reach. And at home, joy fills the spaces that used to feel heavy. Her little one just turned one year old and is thriving — healthy, happy, and deeply loved. What once felt overwhelming now feels purposeful. Sarah sees God's faithfulness woven through every step of the journey, and she continues to grow in her relationship with Him. Today, Sarah stands stronger — not because the road has been easy, but because she hasn't walked it alone. Her story is a testament to what happens when compassion meets consistency, when truth is spoken with love, and when a woman is reminded of her God-given strength. Because of supporters like you, women like Sarah are rebuilding their lives, rediscovering their voices, and creating stable, hope-filled homes for their children. Name changed for privacy.

Coalition & Community Update

At our recent coalition meeting, we discussed the importance of continued advocacy, awareness, and trauma-informed care in the fight against human trafficking. Human traffickers place a price on women and girls every day—treating people as commodities for profit. Survivors report being sold for as little as \$14 for an hour, \$20 for a night, or \$90 for a full day. Trafficking operates as a calculated business model built on exploitation, with 78% of victims being women and girls. Yet every woman and every person is priceless. Around the world and here in our communities, survivors, advocates, and supporters continue working together to end exploitation and restore dignity to those affected. Being trauma-informed means more than recognizing trauma—it means learning how to respond in ways that promote safety, trust, and healing. Our coalition will continue exploring how we can become safe, supportive people for those experiencing complex trauma. Many businesses and organizations are also taking proactive steps to understand what human trafficking looks like within their communities. Awareness, identification, and prevention are essential starting points. If your organization would like to learn more about recognizing and preventing trafficking, consider inviting Allysa McKenzie to speak about how your workplace or organization can help Stand Against Trafficking. Contact Allysa at allysa@statusa.org for more information. Together, through education, advocacy, and compassionate support, we can make a meaningful difference in our communities.

Join A Meeting

Meets on the first Wednesday of each month at BCC, Building B., 4 pm, for more information, please contact Allysa McKenzie at allysa@statusa.org (Contact for virtual attendance option)



Community Proclamations

We are grateful to the towns of Ocean Isle Beach and Surf City for signing proclamations in support of Stand Against Trafficking.

Public leadership matters. When municipalities take a stand, it reinforces a shared commitment to protecting vulnerable individuals and strengthening awareness throughout our coastal communities.

Prevention is not a one-time effort. It is ongoing collaboration, continued education, and community leadership working together.

To stay connected to coalition updates and future opportunities, visit: womenslifecenter.org

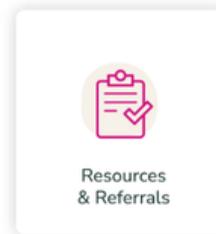
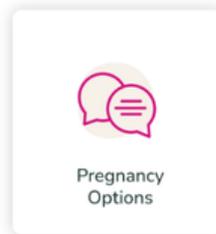
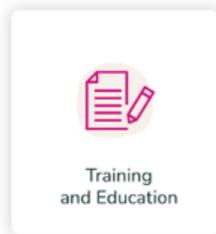
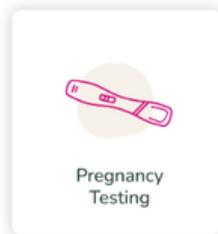


Help, Compassion, & Hope

Women’s Life Center serves as a bridge for the needs of women and families making difficult pregnancy decisions and individuals exploited by human trafficking by offering pregnancy services and community resources.



Our Services



Your financial support helps provide free pregnancy services, client advocacy, material assistance, and prevention education across southeastern North Carolina.

Give securely at:
womenslifecenter.org/donate

